



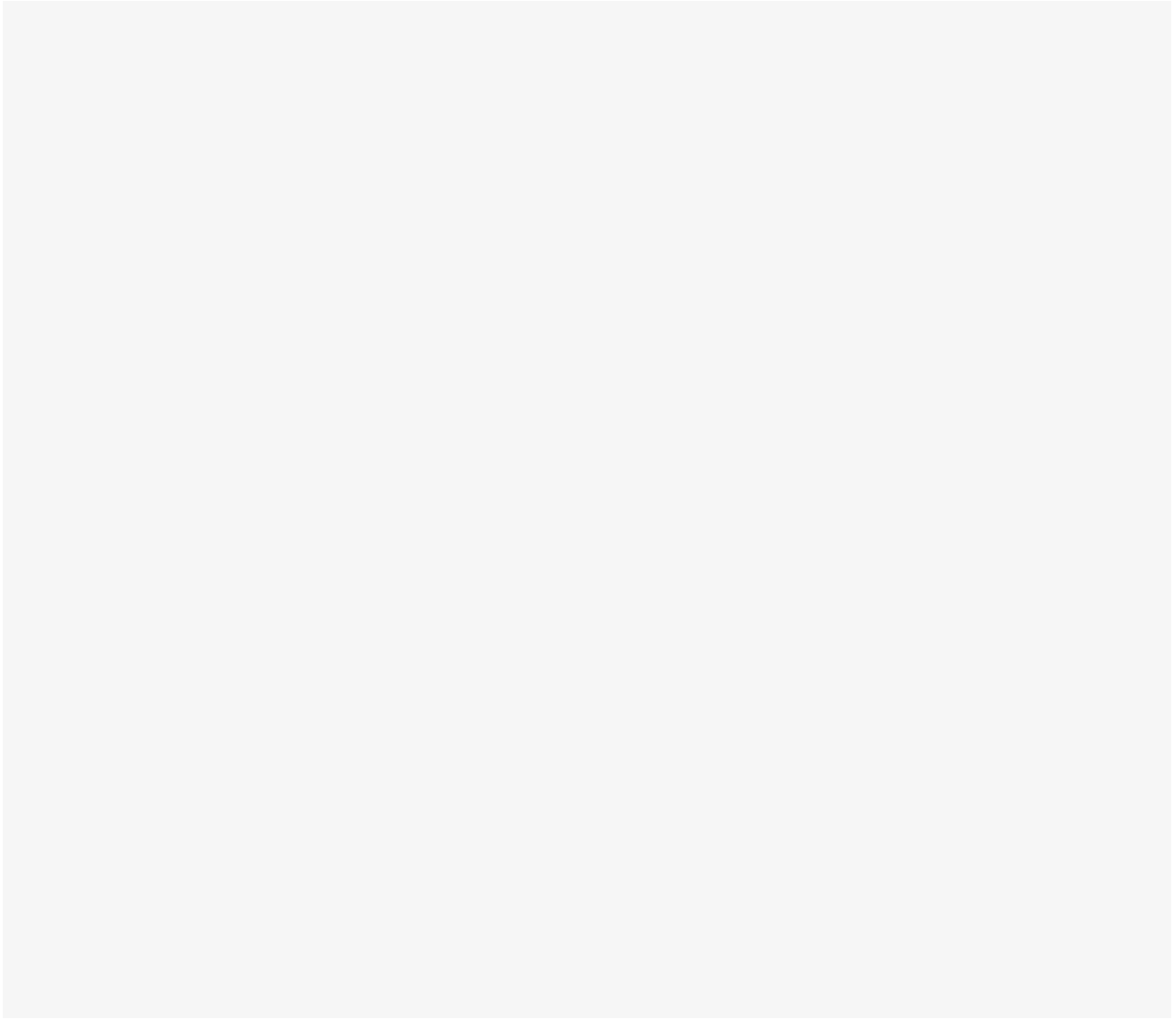
Goal Setting Worksheet



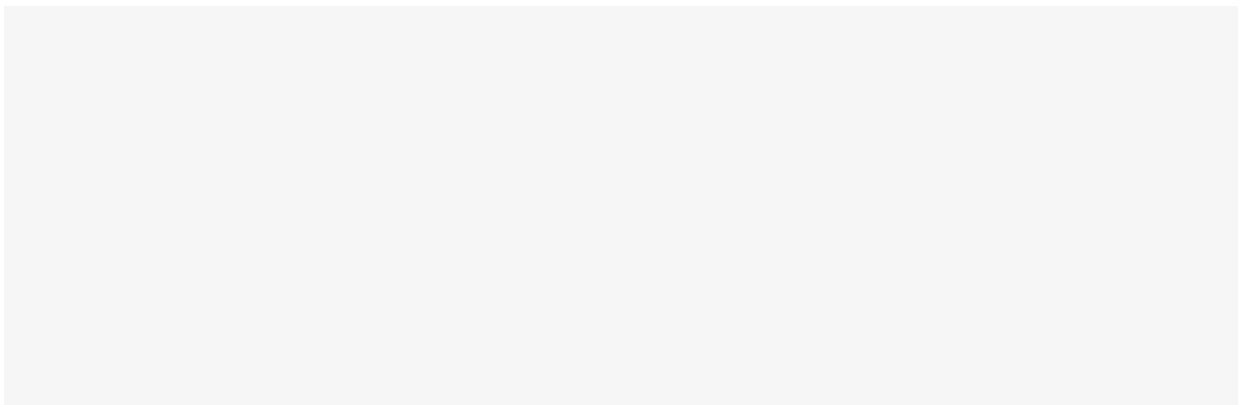
Reflection:

A large, empty rectangular area intended for writing reflections.

Intentions:

A large, empty rectangular box with a light gray background, intended for writing intentions.

Mantra:

A large, empty rectangular box with a light gray background, intended for writing a mantra.

2018 Goals:

